



Scientific advice: A European perspective on CPE: the necessity to turn the tide

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European Centre for Disease Prevention and Control
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The importance of “getting it right”



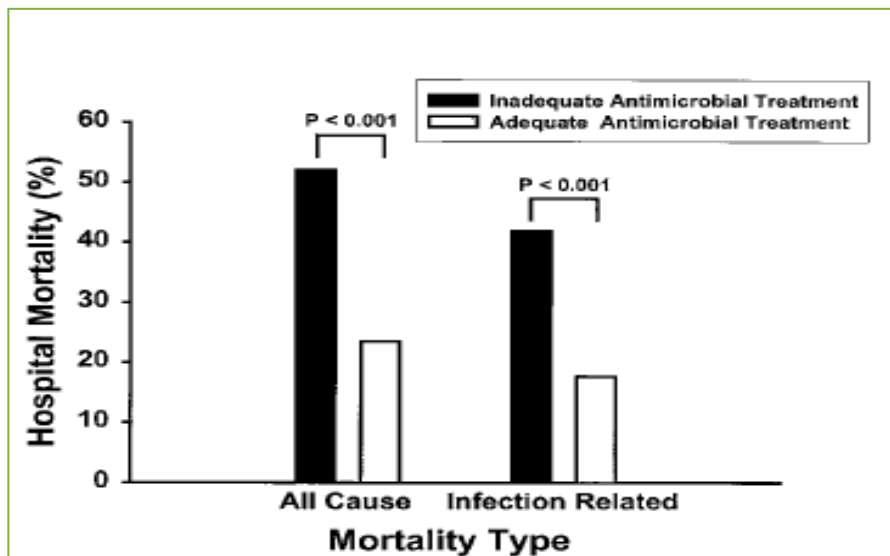
CHEST

Original Research

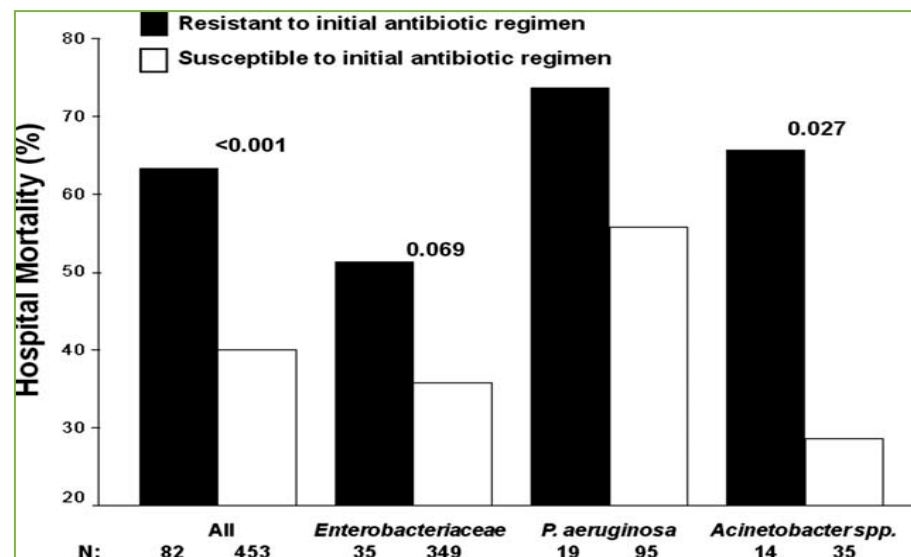
CRITICAL CARE MEDICINE

Initiation of Inappropriate Antimicrobial Therapy Results in a Fivefold Reduction of Survival in Human Septic Shock

Anand Kumar, MD; Paul Ellis, MD; Yaseen Arabi, MD, FCCP;
 Dan Roberts, MD; Bruce Light, MD; Joseph E. Parrillo, MD, FCCP;
 Peter Dodek, MD; Gordon Wood, MD; Aseem Kumar, PhD; David Simon, MD;
 Cheryl Peters, RN; Muhammad Ahsan, MD; Dan Chateau, PhD; and the
 Cooperative Antimicrobial Therapy of Septic Shock Database Research Group*



Adapted from: Kollef *et al.* 1999



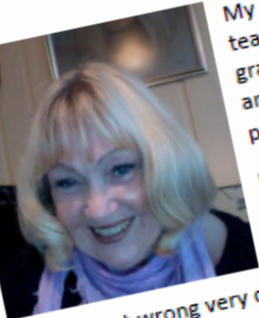
Adapted from: Micek *et al.* 2011

Behind the statistics there are patients



European Antibiotic Awareness Day Patient Stories

Lill-Karin (Norway)



My name is Lill-Karin; I am a teacher, with three grown-up grandchildren. I have lived in Norway for 40 years and I spend my time reading, writing poems and travelling.

I have been to India several times. In Kerala, so in 2010 I planned to go with a local family.

Things went wrong very quickly. My host picked me up in the city, surrounded by sick people. I was given a bowl of food and a broken leg meant I couldn't move to wash myself in the heat.

After arriving at the hospital, I spent two days in a private room and anyone who came to see me had to look after my doctors or nurses. It was a very lonely few days, but eventually I was allowed to come home.

Back in Norway, I had to go straight back to the hospital. The doctors found that I had an antibiotic-resistant urinary catheter that I had had fitted in India, your family is expected to look after you. I was eventually managed to bring the fever under control using a specific combination of high-dose antibiotics. At that point the unknown nature of the infection was really scary; we were dealing with the leukaemia but no-one knew what had caused the fever.

Further investigations showed that I had an infection with a bacterium called *Escherichia coli* (*E. coli*), which normally lives in the intestine. For reasons unknown to my doctors, I was carrying a very resistant type of bug from, or brought back, in my intestine. The doctors thought I had a similar resistance type to the one they had seen in chemotherapy patients.



European Antibiotic Awareness Day Patient Stories

Paolo (Italy)



Paolo is a 55 year old man from Rome, Italy. In August 2010, while on a motor-boating holiday off the coast of Sicily, he felt that he had a urinary tract infection, but did not realise at the time, because of the summer heat.

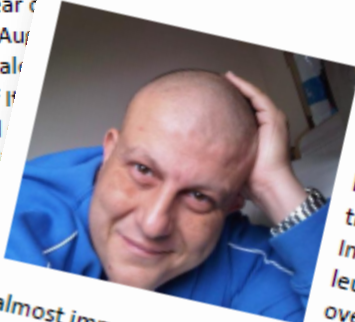
After a while, the symptoms worsened with shaking, pain and urinary tract problems. He consulted a medical professional in Ponza.

He took ciprofloxacin, a fluoroquinolone antibiotic, which is easy to take and is usually effective in treating urinary tract infections. His condition did not improve over the next three days. Despite this, he continued the course of ciprofloxacin in the hope of being well enough to motor-boat again. Examination and laboratory tests showed that he had a urinary tract infection with a bacterium called *Escherichia coli* (*E. coli*), which normally lives in the intestine. For reasons unknown to his doctors, he was carrying a very resistant type of bug from, or brought back, in his intestine. The doctors thought he had a similar resistance type to the one they had seen in chemotherapy patients.



European Antibiotic Awareness Day Patient Stories

Mohammed (UK)



My name is Mohammed and I'm 37 years old. I was born in the UK but have spent the last 10 years in Cairo, running a software development company. I have a lot of family in Egypt so living out there is a bit of a challenge. Travelling back and forth to the UK has been great. In April 2011, I was diagnosed with acute myeloid leukaemia, a type of cancer where your body overproduces white blood cells and your immune system stops working properly. I started treatment with chemotherapy, but the fact that your immune system isn't functioning properly means that you are more likely to pick up infections. These can be both uncomfortable and extremely dangerous.

While I was in hospital having my second cycle of chemotherapy, I developed a high fever which the doctors struggled to control with regular antibiotics. For three days my temperature spiked uncontrollably, reaching dangerous levels as high as 40°C. Having realised there was something unusual about my infection, the doctors eventually managed to bring the fever under control using a specific combination of high-dose antibiotics. At that point the unknown nature of the infection was really scary; we were dealing with the leukaemia but no-one knew what had caused the fever.

Further investigations showed that I had an infection with a bacterium called *Escherichia coli* (*E. coli*), which normally lives in the intestine. For reasons unknown to my doctors, I was carrying a very resistant type of bug from, or brought back, in my intestine. The doctors thought I had a similar resistance type to the one they had seen in chemotherapy patients.

Multidrug-resistant, extensively drug-resistant and pandrug-resistant bacteria: an international expert proposal for interim standard definitions for acquired resistance

A.-P. Magiorakos¹, A. Srinivasan², R. B. Carey², Y. Carmeli³, M. E. Falagas^{4,5}, C. G. Giske⁶, S. Harbarth⁷, J. F. Hindler⁸, G. Kahlmeter⁹, B. Olsson-Liljequist¹⁰, D. L. Paterson¹¹, L. B. Rice¹², J. Stelling¹³, M. J. Struelens¹, A. Vatopoulos¹⁴, J. T. Weber² and D. L. Monnet¹

Bacterium	MDR	XDR	PDR
<i>Staphylococcus aureus</i>	The isolate is non-susceptible to at least 1 agent in ≥ 3 antimicrobial categories listed in Table 1a*	The isolate is non-susceptible to at least 1 agent in all but 2 or fewer antimicrobial categories in Table 1a.	Non-susceptibility to all agents in all antimicrobial categories for each bacterium in Tables 1a-1e
<i>Enterococcus spp.</i>	The isolate is non-susceptible to at least 1 agent in ≥ 3 antimicrobial categories listed in Table 1b	The isolate is non-susceptible to at least 1 agent in all but 2 or fewer antimicrobial categories in Table 1b.	
<i>Enterobacteriaceae</i>	The isolate is non-susceptible to at least 1 agent in ≥ 3 antimicrobial categories listed in Table 1c	The isolate is non-susceptible to at least 1 agent in all but 2 or fewer antimicrobial categories in Table 1c.	
<i>Pseudomonas aeruginosa</i>	The isolate is non-susceptible to at least 1 agent in ≥ 3 antimicrobial categories listed in Table 1d	The isolate is non-susceptible to at least 1 agent in all but 2 or fewer antimicrobial categories in Table 1d.	
<i>Acinetobacter spp.</i>	The isolate is non-susceptible to at least 1 agent in ≥ 3 antimicrobial categories listed in Table 1e	The isolate is non-susceptible to at least 1 agent in all but 2 or fewer antimicrobial categories in Table 1e.	

Carbapenemases: main types of enzymes

Acronym	Name or type	First isolated
KPC	<i>Klebsiella pneumoniae</i> carbapenemase	1996
VIM	Verona integron-encoded metallo-beta-lactamase	1997
OXA-48	OXA-type carbapenemase	2001
NDM-1	New Delhi metallo-beta-lactamase	2008

- Mobile genetic elements- propensity to spread

Limited treatment options

- Resistant to all beta-lactams, carbapenems
- Aminoglycosides, fluoroquinolones
- Tigecycline, colistin
- Fosfomycin

Mortality rates of infections with carbapenem resistant *Enterobacteriaceae*

Patel et al. 2008
Outcomes of patients with carbapenem-resistant *K. pneumoniae* BSI

Risk factor for mortality in invasive infections with *K. pneumoniae*
OR=4.69 (95% CI 1.9-11.58), P=0.001

Marchaim et al. 2008
Infection with imipenem-resistant *Enterobacter* spp.

↑ in-hospital mortality
OR=8.3 (95% CI, 1.07-64), P=0.043

Gasink et al. 2009
KPC-producing *K. pneumoniae* infections

↑ in-hospital mortality
AOR, 3.60 (95% CI, 1.87–6.91)

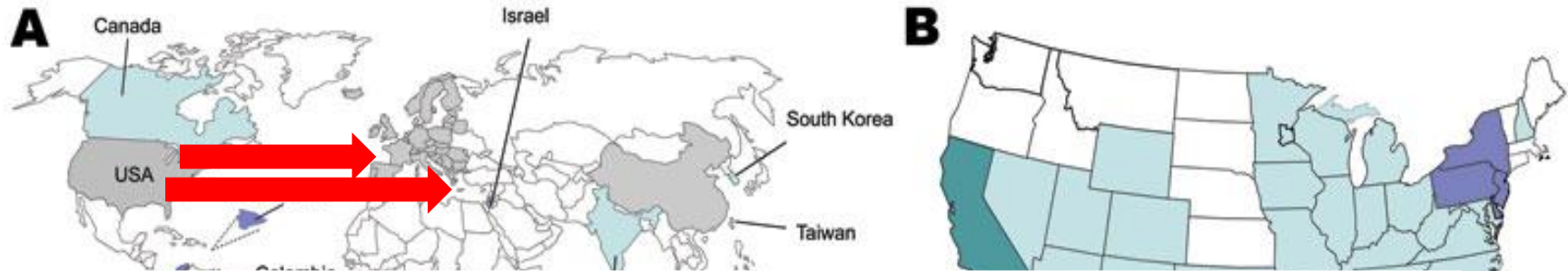
Borer et al. 2009
Outcomes of patients with *K. pneumoniae* BSI vs non BSI

Mortality risk ratio 3.3 (95% CI, 2.9–28.5)

Ben-David et al. 2011
Outcomes of patients with BSI with carbapenem resistant *K. pneumoniae* BSI vs ESBL vs sensitive

- ↑infection- related mortality CRKP
- Differences in appropriate empirical antimicrobial therapy (79%, 39%, 12%; P <0.001)

Worldwide geographic distribution of *Klebsiella pneumoniae* carbapenemase (KPC) producers.



France (Naas et al. 2005)

KPC-2

Colombia (Villegas et al. 2006)

KPC-2

Israel (Leavitt et al. 2007)

KPC-2, KPC-3

Greece (Tsakris et al. 2008)

KPC-2

United Kingdom (Woodford et al. 2008)

KPC-3

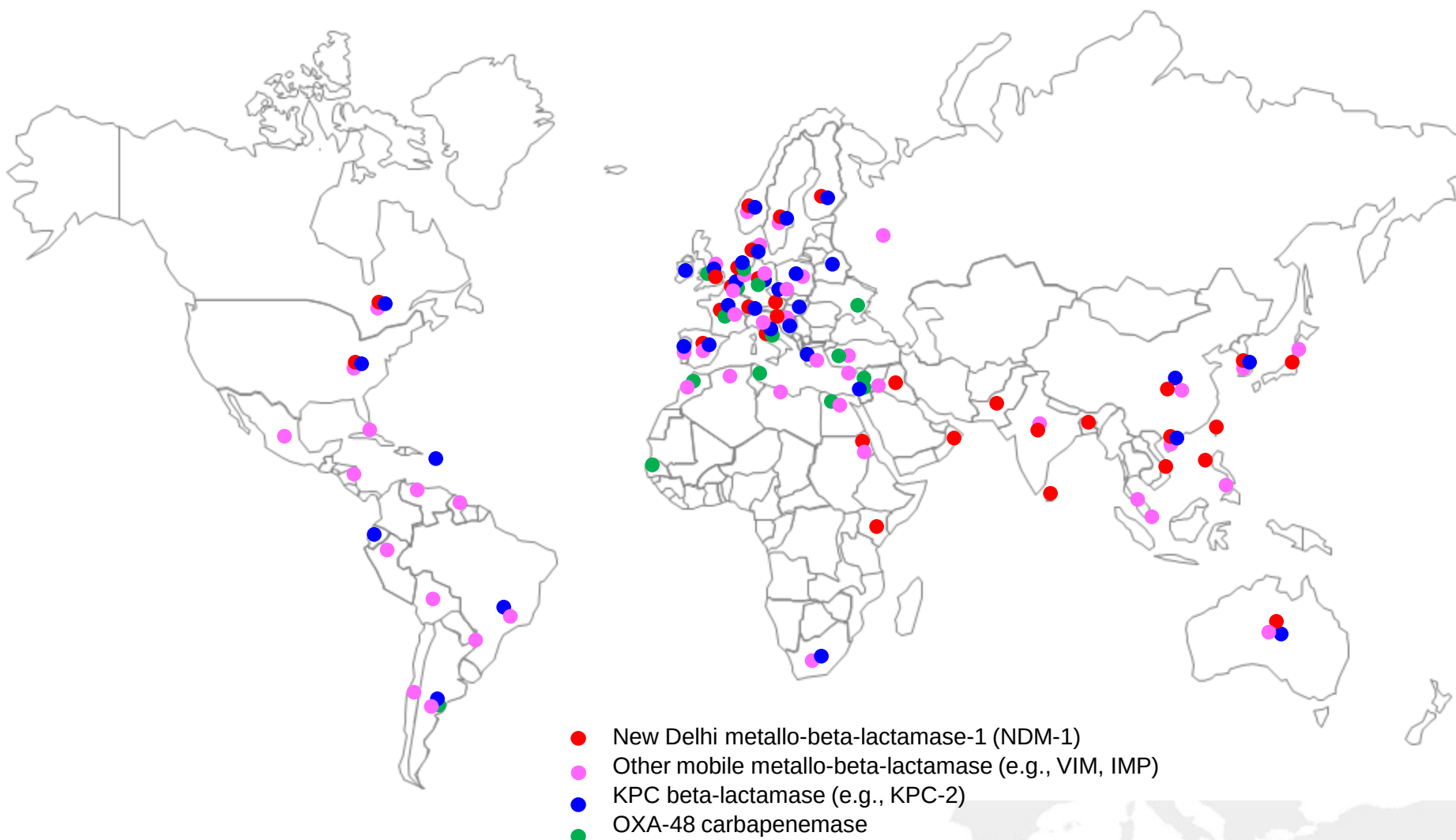
Ireland (Roche et al. 2009)

KPC-2

○ Single KP
● Several c
● Endemic



Worldwide emergence and spread of carbapenemases (as of March 2011)



Focus:

- *Enterobacteriaceae*
- All carbapenemases
- Healthcare settings, including patient inter-facility and cross-border transfer

Two systematic reviews of the literature

1. Which are the **risk factors** for patient colonization or infection with carbapenemase-producing *Enterobacteriaceae*?
2. What is the effectiveness of using screening and/or targeted or other infection control interventions in decreasing the incidence of healthcare-facility - acquired colonization or infection with carbapenemase-producing *Enterobacteriaceae*?



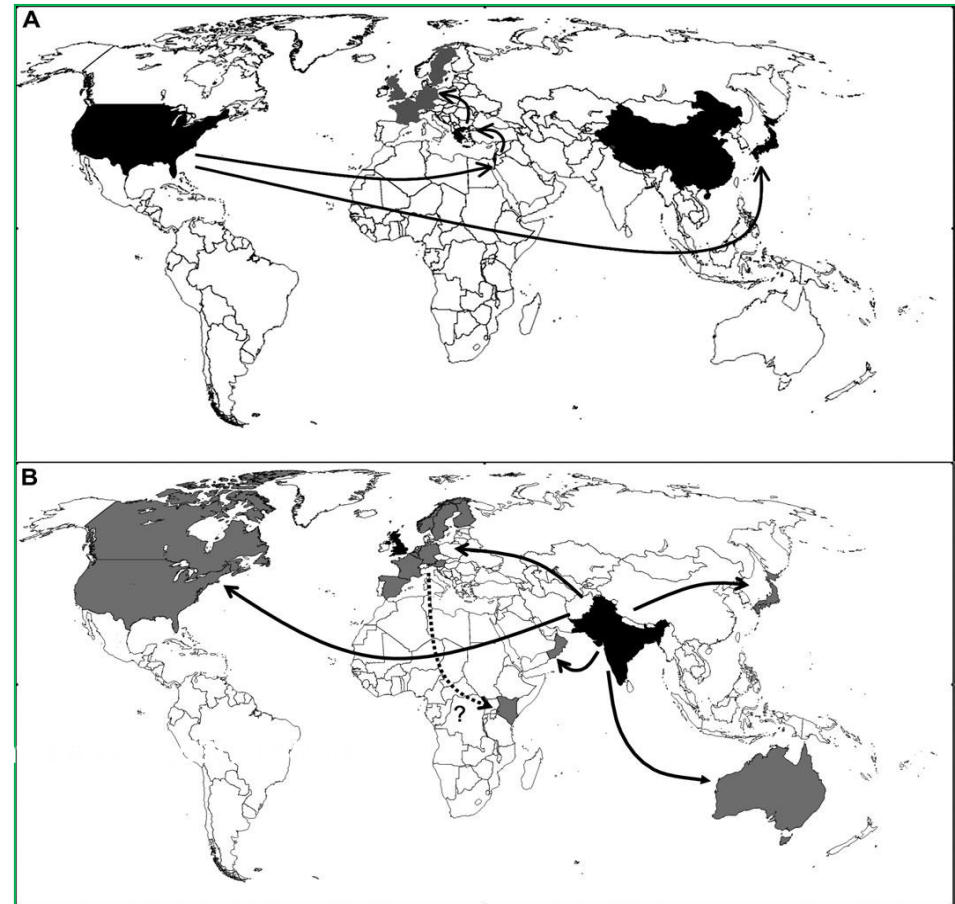
ECDC Risk Assessment on CPE

Patient mobility and transfer

Cross-border transfer of patients

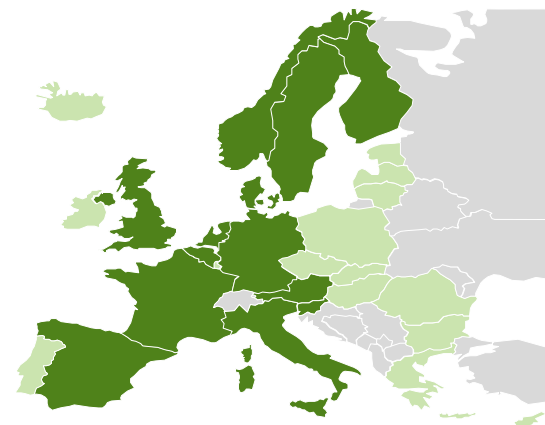
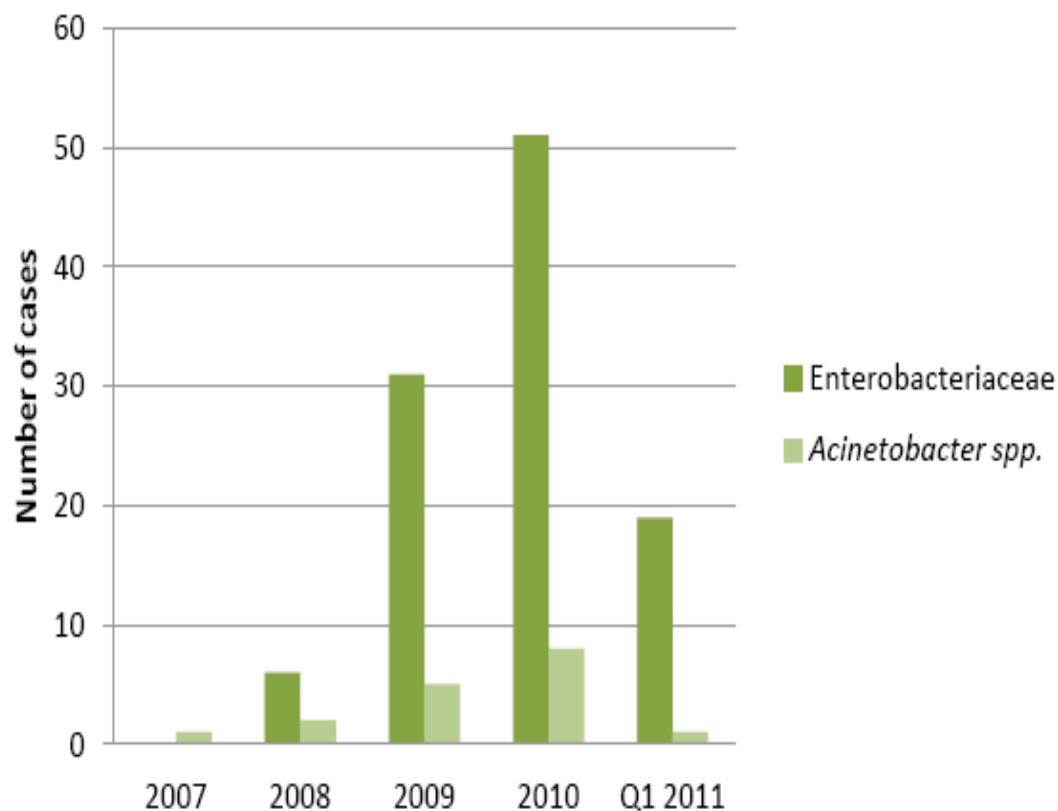
Strong evidence that it is associated with risk for transmission when:

- Patients are transferred from countries with high rates of CPE to healthcare facilities in other countries
- Patients had received medical care abroad in areas with high rates of CPE



Adapted from Rogers *et al.* 2011

Trends in the number of cases annually of New Delhi metallo- β -lactamase (NDM)-producing *Enterobacteriaceae* and *Acinetobacter* spp. in EU/EEA countries, 2007-Q1 2011



- 106 cases in 13 countries
- Among 55 travel history available
- 31 cases received healthcare or travelled to India or Pakistan
- 5 cases had received healthcare in the Balkans
- 13 cases of presumed secondary transmission in Europe

Only Germany and UK reported data on NDM-producing *Acinetobacter* spp.

Klebsiella pneumoniae: proportion of invasive isolates resistant to carbapenems; EU/EEA, 2009–2010

Percentage resistance

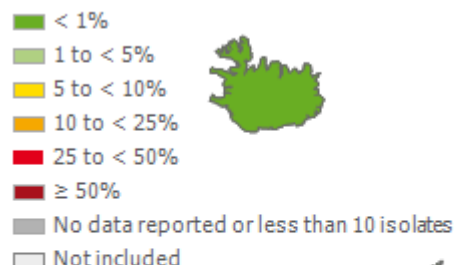


■ Liechtenstein
■ Luxembourg
■ Malta

(C) ECDC/Dundas/TESSy

2009

Percentage resistance

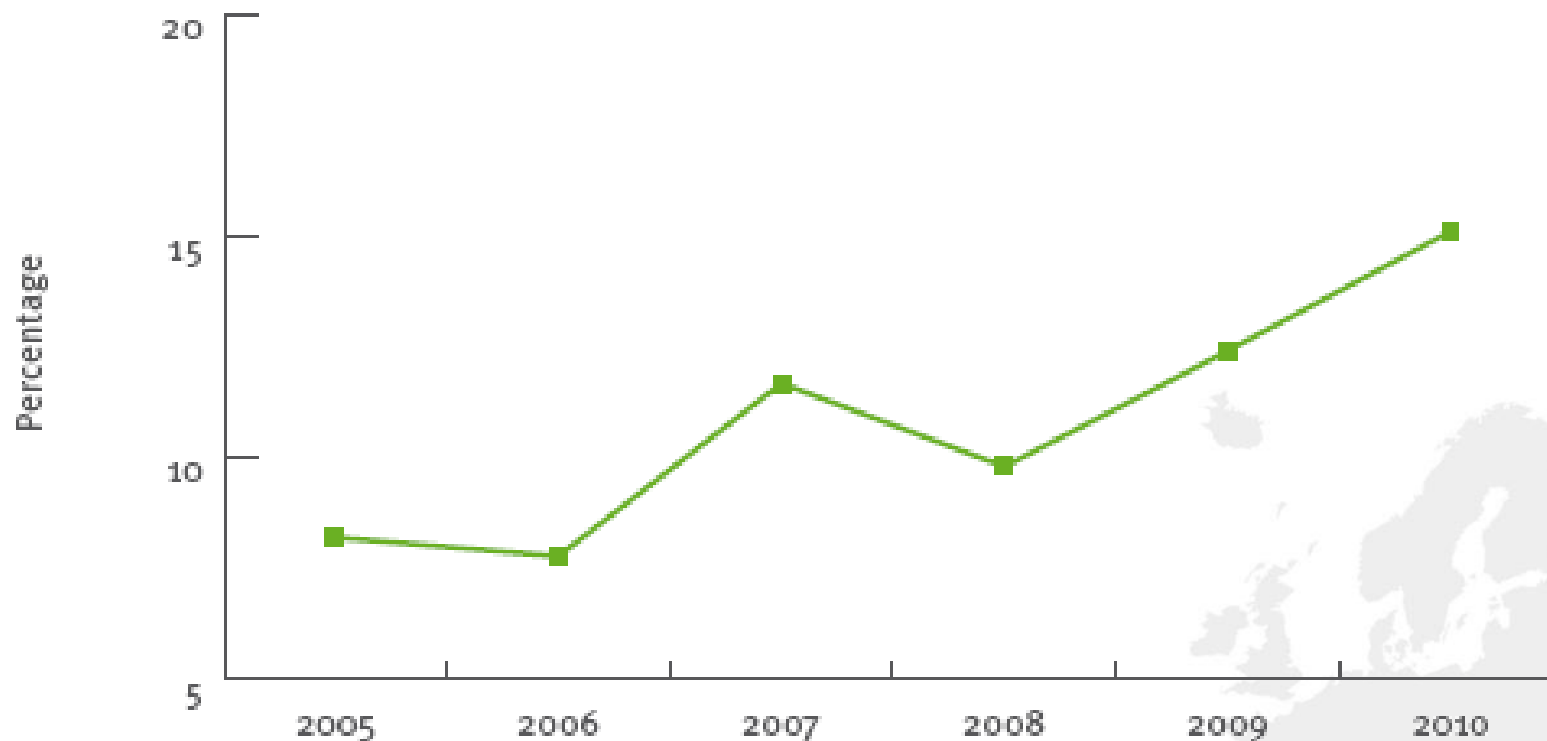


■ Liechtenstein
■ Luxembourg
■ Malta

(C) ECDC/Dundas/TESSy

2010

***Klebsiella pneumoniae*: percentage carbapenem-resistant invasive isolates reported to EARSS/EARS-Net by year, 2005–2010**



Only laboratories that continuously reported susceptibility results for carbapenems during the period 2005–2010 are included in the analysis.

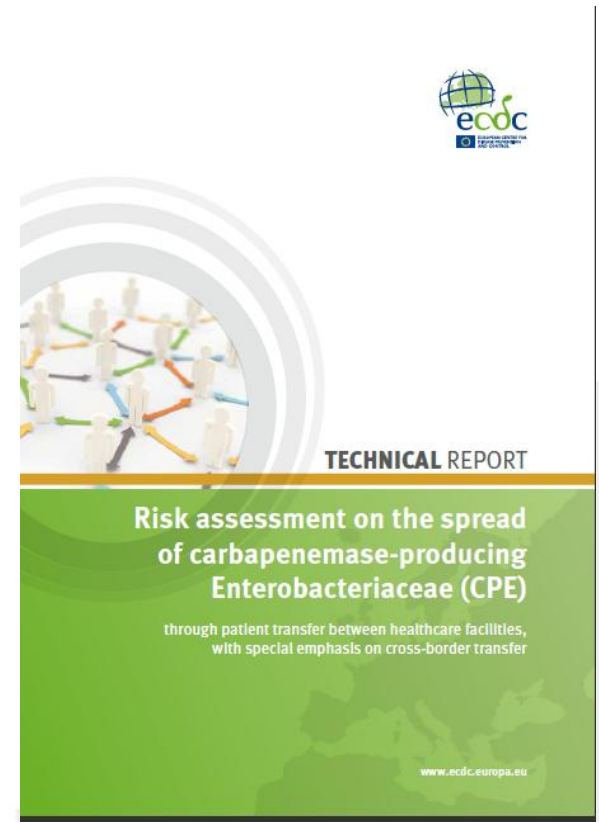
Risk assessment on the spread of carbapenemase-producing *Enterobacteriaceae*

Infection control during outbreaks

- Active surveillance by rectal screening
- Cohort nursing for carrier patients
- Additional contact precautions for carrier patients

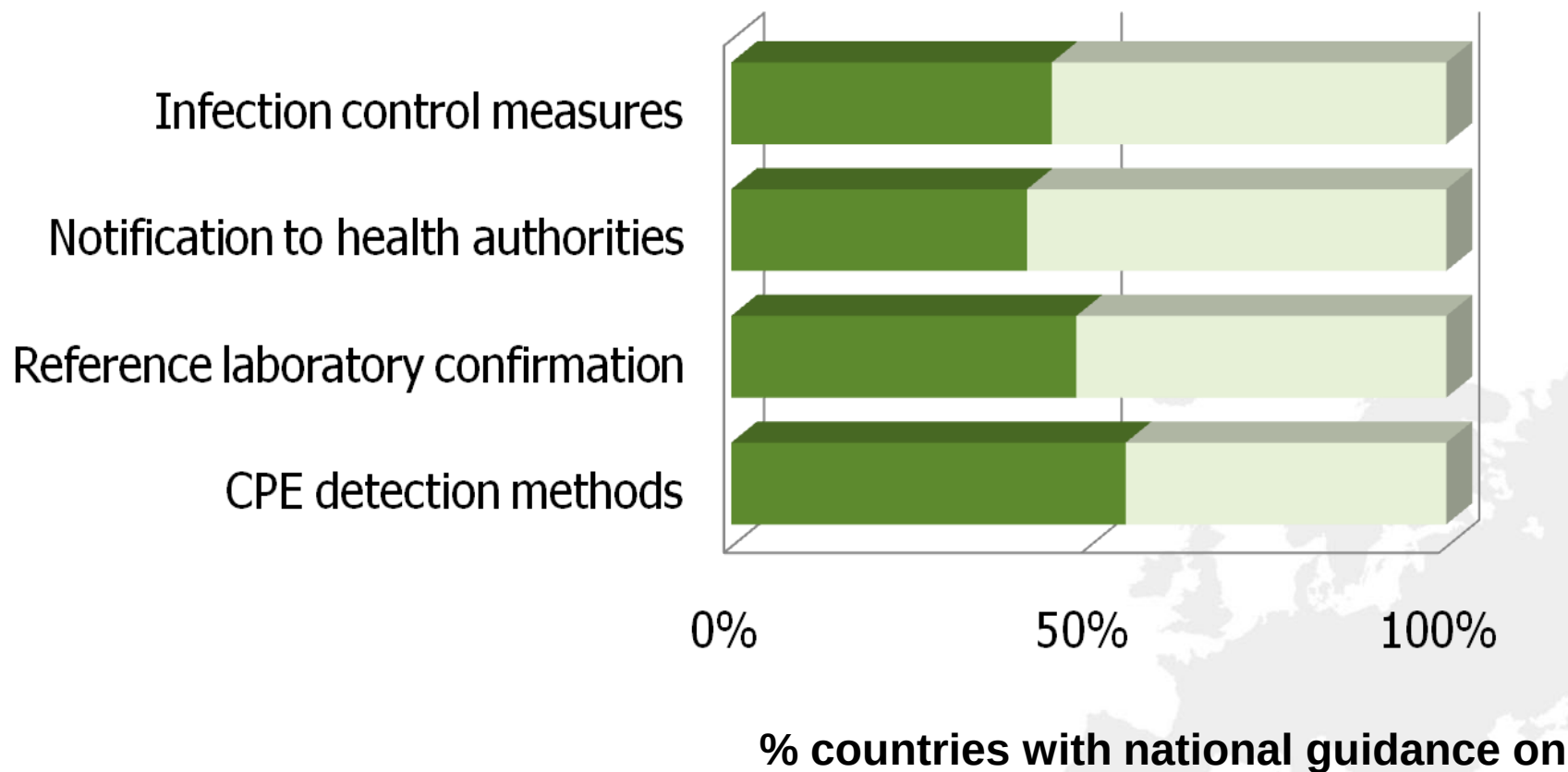
Additionally

- Prudent use of antibiotics
- Control of ESBL
- Notification of public health authorities
- Surveillance



(CPE) Technical Report. 13 September 2011

National guidance for detection and control of carbapenemase-producing *Enterobacteriaceae* in Europe (as of June 2011)



How to contain inter-facility spread of CPE



Enhanced detection, surveillance & preparedness at national and EU level

Epidemic intelligence at European level

- Sharing of information between public health authorities, European Commission and ECDC:
 - Early warning and response system (EWRS): authorities
 - Information exchange systems (EPIS): experts
 - Epidemiological bulletins (*Eurosurveillance*): public



Why and how to turn the tide?

- ☐ National guidance documents
- ☐ Need for vigilance and active screening high risk patients
- ☐ Culture data communicated to healthcare facilities when transferring patients
- ☐ Rapid notification of clinicians and public health authorities
- ☐ Strict hand hygiene and infection control measures
- ☐ Antibiotic stewardship-prudent use of antimicrobials
- ☐ Standardisation of antimicrobial resistance breakpoints and MDR/XDR/PDR definitions
- ☐ Need for further research on molecular epidemiology and reservoirs of CPE

Thank you

