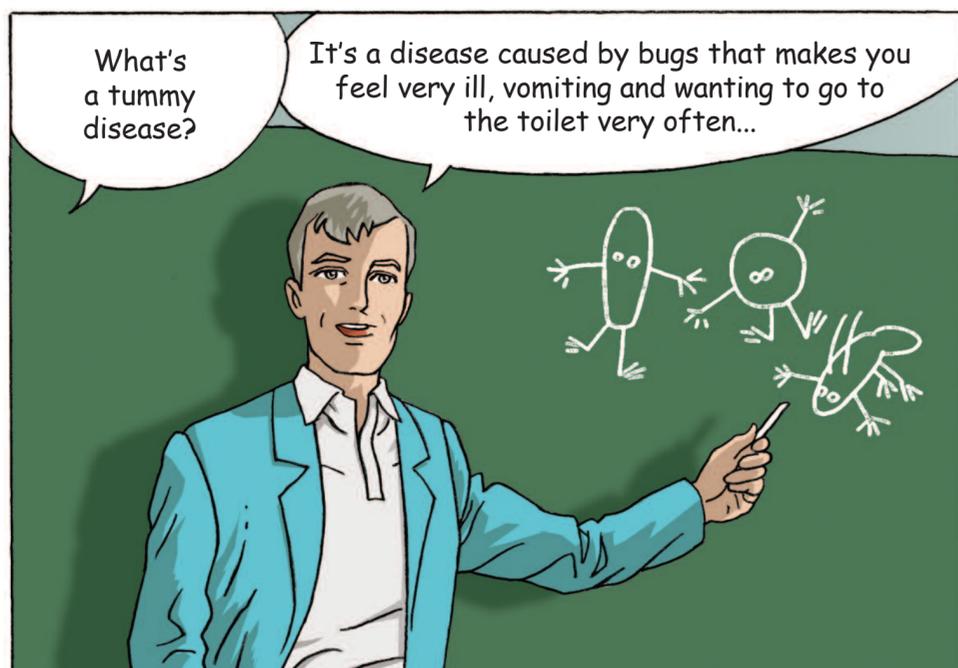
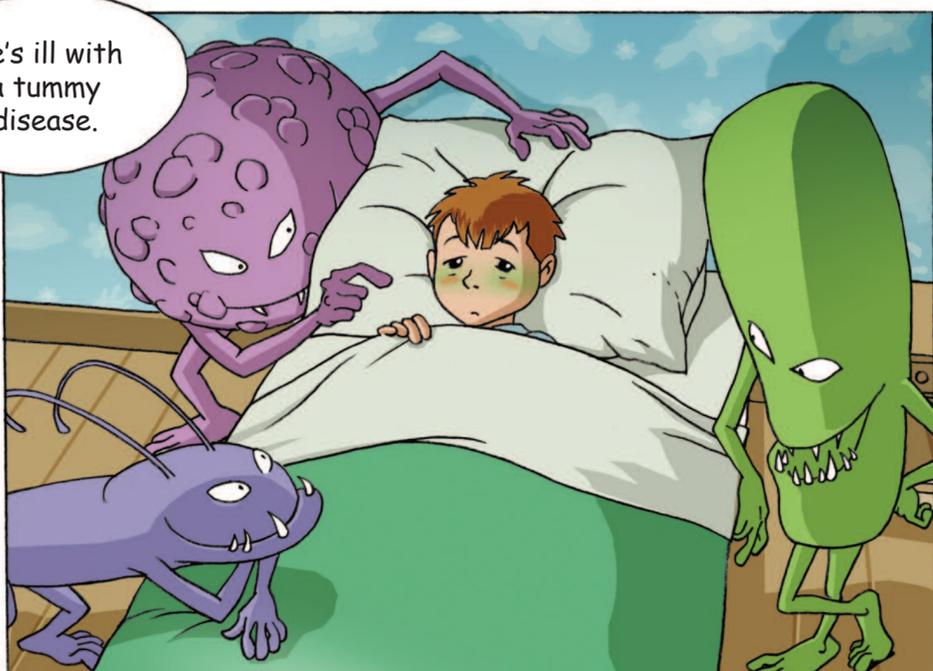


Avoid Tummy Disease



Unfortunately Peter can't come to tomorrow's annual school trip...

He's ill with a tummy disease.



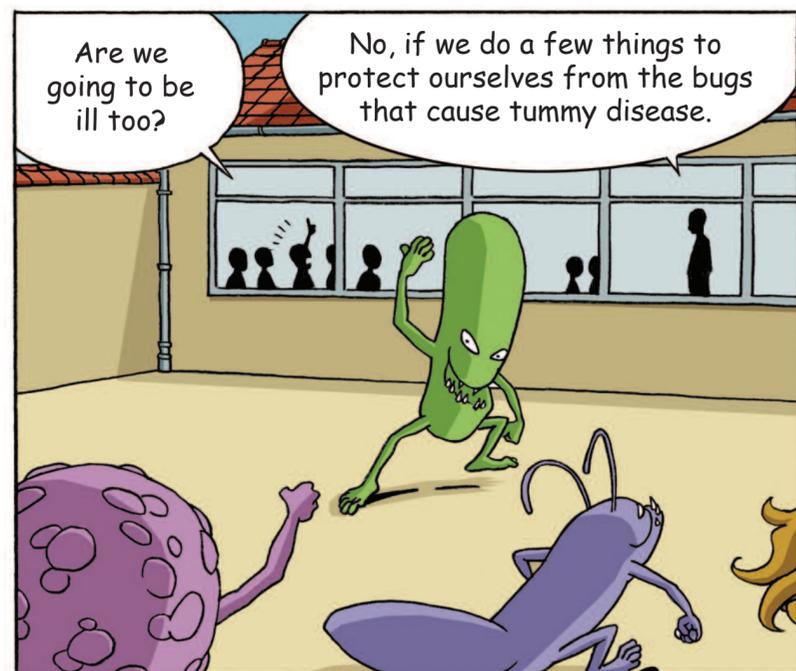
What's a tummy disease?

It's a disease caused by bugs that makes you feel very ill, vomiting and wanting to go to the toilet very often...



it spreads to others very easily and makes you stay in bed.

I had it last week and I vomited, disgusting!!!



Are we going to be ill too?

No, if we do a few things to protect ourselves from the bugs that cause tummy disease.



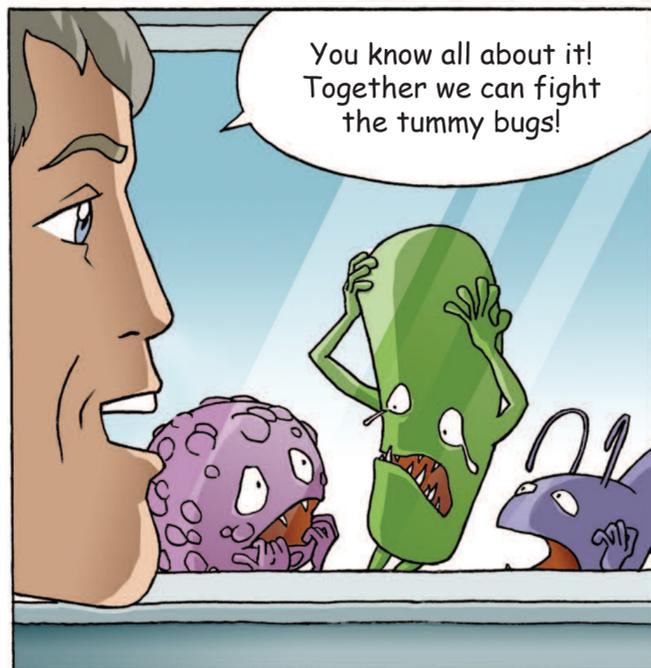
My mum told me we all need to wash our hands with water and soap often and dry them well.



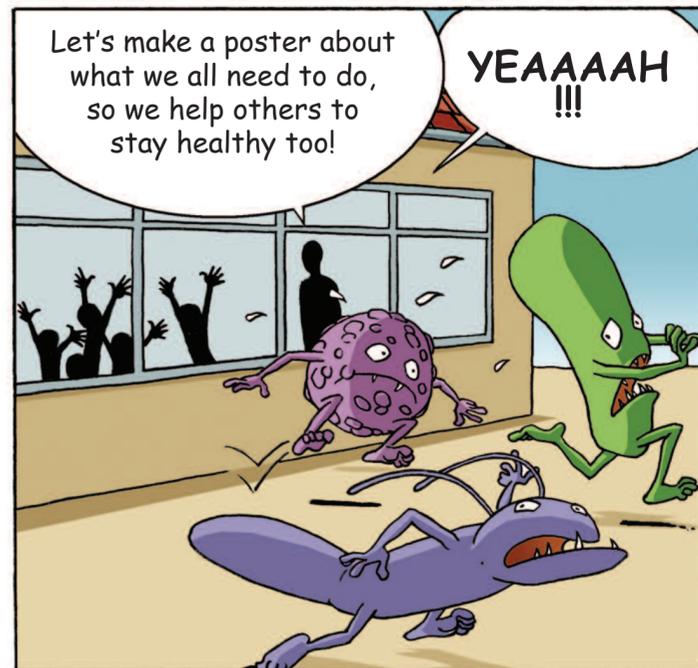
That's right Kate! You should wash your hands before touching food, after toilet use and after being outside.



And when you feel ill, you should warn the teacher and your parents.



You know all about it! Together we can fight the tummy bugs!



Let's make a poster about what we all need to do, so we help others to stay healthy too!

YEAHAH!!!