What can you do to make the holidays safer?



Holidays are important, but your health and that of your loved ones, especially those that are more vulnerable, should come first during this period.

Avoid unnecessary travel and if you have COVID-19-like symptoms – stay at home, do not participate in social gatherings and contact medical services.



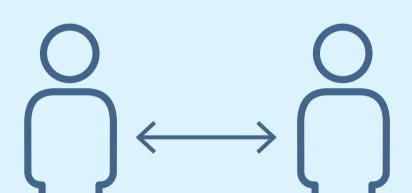




Consider spending the festive season with as few people as possible.

Build a small holiday 'social bubble' – a network of people you meet that follow the same precautions as you do. Avoid gatherings with people outside of your household or bubble.

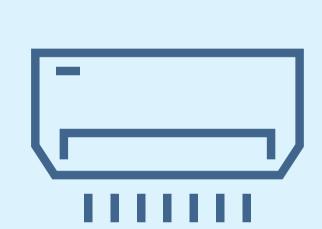
When spending the festive season in your social bubble, don't forget about physical distancing, face masks, hand and respiratory hygiene. Reduce time spent indoors and ventilate common spaces.

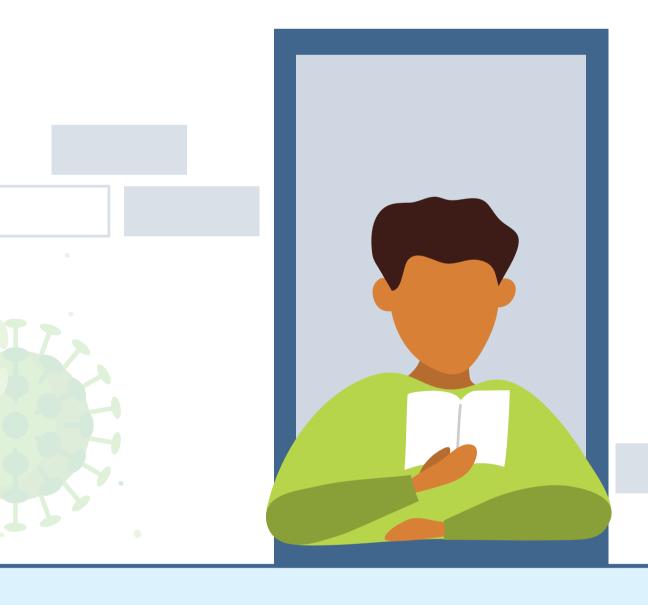




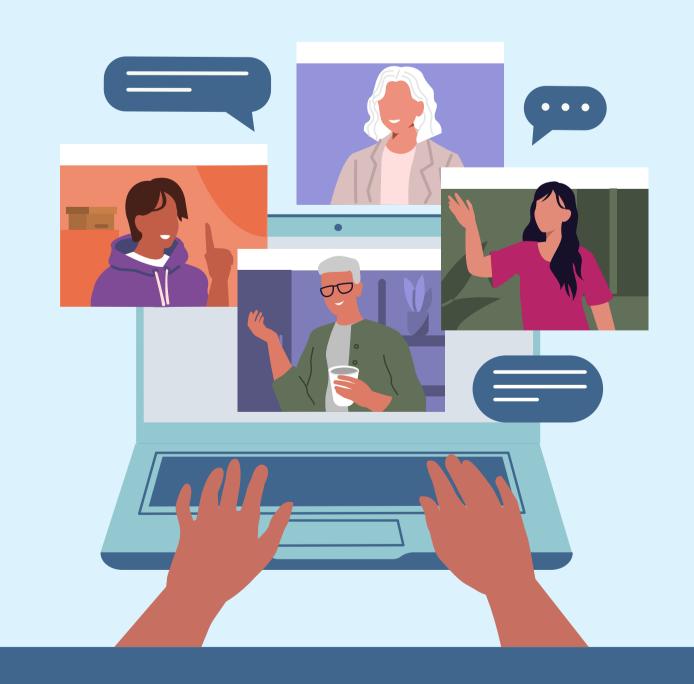








If you need to visit or gather with people outside of your household or bubble, take extra precautions: self-isolate in advance to minimise the risk of infecting others, especially those who are more vulnerable.



If you are unsure whether gathering during holidays is safe or not, stay home and connect to your loved ones online.

Let's fight COVID-19 together!

Be smart
Stay safe
Care about others!

#StayInYourBubble

