



Influenza

during the COVID-19 pandemic

How do I protect myself and others from COVID-19 during influenza vaccination?

- Don't come for a vaccination if you are ill or have had close contact with a COVID-19 case in the past two weeks.
- Keep a distance of at least one metre (ideally two) to other people, except for the vaccinator, in the facility.
- Schedule your vaccination during less busy times when there are no queues.
- Use a surgical face mask or a textile mask to protect against droplets.
- Wash your hands with soap and water before and after being in the facility for vaccinations. Alternatively, use alcohol-based disinfectant.
- Avoid touching surfaces with bare hands, or shaking hands with anyone in the facility.

