

## Information for travellers

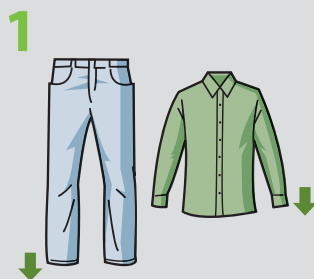
# CHIKUNGUNYA FEVER



Chikungunya is a virus that is transmitted from human to human mainly by infected *Aedes* mosquitoes (*Aedes albopictus* and *Aedes aegypti*). The virus causes sudden onset of high fever, severe joint pain, muscle pain and headache. While Chikungunya fever is usually non-fatal, a small number of patients may develop serious complications or chronic conditions.

As no vaccine or medication is available, it is important to protect yourself from mosquito bites when staying in the affected areas in order to prevent becoming infected with the virus.

### TAKE PRECAUTIONS:



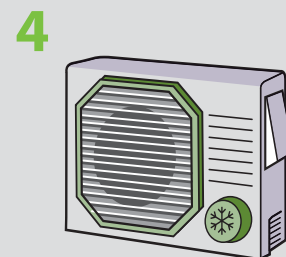
Wear long-sleeved shirts and long trousers



Use mosquito repellents, coils or other devices that will help fend off mosquitoes \*



If possible, sleep under bed nets pre-treated with insecticides



If possible, set the air-conditioning to a low temperature at night – mosquitoes do not like cold temperatures

#### In case of sudden onset of fever, joint pain, muscle pain, and headache occurring 1-12 days after staying in affected areas:

- Consult a doctor who can make the correct diagnosis
- Limit the risk of further mosquito bites as much as possible - this will help prevent the virus from spreading to others in case you do have Chikungunya



\* Specialised advice should be sought for pregnant women and for new born children

For the latest data on the risk of Chikungunya in Europe and information in affected areas, please visit the website of the European Centre for Disease Prevention and Control:  
[http://ecdc.europa.eu/Health\\_topics/Chikungunya\\_Fever/Chikungunya\\_Fever.html](http://ecdc.europa.eu/Health_topics/Chikungunya_Fever/Chikungunya_Fever.html)